

News Release

Third Annual Mary Tyrrell Health Walk for Scholarships to be held at U of M Crookston on Wednesday, August 28, 2013

By Itollefs on Monday, August 12, 2013

Mary Tyrrell, a devoted wife, mother, and nurse, gave tirelessly in support of student-



athletes at the University of Minnesota Crookston. The campus invites everyone to remember Mary, support scholarships, and help raise awareness of heart disease during the third annual Mary Tyrrell Health Walk for Scholarships. The walk will be held Wednesday, August 28, 2013, and begins with registration at 5 p.m. in Parking Lot E near Ed Widseth Field on the campus. Registration is \$25 for adults and \$10 for students 18 and under. All registrants will receive a t-shirt designed especially for the walk. To register or for more information about the walk, contact Tricia Sanders at 218-281-8326. A free "healthy tailgate" will be served for walk participants. Door prizes will be awarded, and all participants are encouraged to stay for the Student-Athlete Meet and Greet at 6 p.m. and the Golden Eagle Maroon and Gold football game at 6:30 pm.

Background

The inaugural Mary Tyrrell Health Walk for Scholarships was held in the fall of 2011. The event is designed to raise awareness about heart health and women's health issues. It is named in memory of Mary Tyrrell, wife of Bill Tyrrell, director of athletic fundraising at the U of M, Crookston. Mary passed away unexpectedly from heart disease in December 2010. Her untimely death ended the life of a woman who was passionate about helping student-athletes and caring for patients as a nurse at Altru Clinic in Grand Forks, N.D., as well as the life of a devoted wife and mother. It also serves as a reminder of the threat posed by heart disease and how healthy diet and exercise, along with knowing the risk factors and symptoms of heart disease can help provide protection.

After 18 years as an athletic trainer at the U of M Crookston, Bill took over as director of athletic fundraising in 2005 and works closely with Teambackers, an athletic promotion and fundraising organization for Golden Eagle athletics. In 2009, Mary and Bill established a scholarship to specifically support student-athletes through the Bill and Mary Tyrrell Endowment fund, and throughout the years, they have given both time and financial support to encourage student-athletes on the Crookston campus. Today the University of Minnesota Crookston delivers 28 bachelor's degree programs, 20 minors, and 39 concentrations on campus--as well as 11 degrees online--in the areas of agriculture and natural resources; business; liberal arts and education; and math, science and technology. With an enrollment of 1,800 undergraduates from 25 countries and 40 states, the Crookston campus offers a supportive, close-knit atmosphere that leads to a prestigious University of Minnesota degree. "Small Campus. Big Degree." To learn more, visit [www.umcrookston.edu](http://www.umcrookston.edu).

*In the photo: Mary Tyrrell's smile brightened every thing around her.*

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